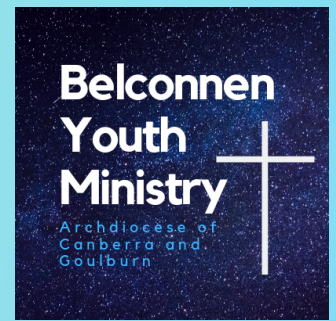


ST MATTHEW & ST VINCENT DE PAUL SOUTH BELCONNEN PARISH MASS REFLECTIONS FOR YOUTH

6th Sunday of Easter - Year A (Sunday 10th May 2020)



South Belconnen Online Mass Saturdays at 6pm: <https://1983-roo.my.webex.com/webappng/sites/1983-roo.my/meeting/download/abd5239852f94f46aaafb7155d3ac7e0?siteurl=1983-roo.my&MTID=m0f501ebb3f9a88069755283691084e96>

Setting up a Prayer Space

Setting up a prayerful space at home is a great way to connect with Mass online and bring Jesus into your home.

What are some items that you can have in your family prayer space this week?



My Intentions

Before Mass starts, we should think about some of the things that we would like to pray for. Jesus loves to listen to our prayers and help us in our lives.

Write or draw in the space below some of the people or things that you want to hold close to your heart this week.



The Gospel

JOHN 14:15-21

THE PROMISE OF THE HOLY SPIRIT

As you listen to the Gospel today reflect on what Fr Simon is saying. Try to write some of the words from the Gospel that stand out to you in the space below.



Let's Look at the Gospel

In today's Gospel, Jesus promises his followers that he will send a helper to earth that will be with us forever. This helper is the Holy Spirit. The Holy Spirit, with God the Father and Jesus the Son, is one God. The Holy Spirit is the love of God himself which gives everything life.

How do we know the Holy Spirit is with us?

We can feel the work of the Holy Spirit in the joy, the courage and strength that he gives. The Holy Spirit gives us good ideas and then urges us to put them in to practice.

How do you think the Holy Spirit has been present in your life this week?

Spiritual Communion Prayer

We cannot come together to physically celebrate Mass. This means that we are unable to receive the Eucharist. However, you can pray this prayer with your family as an act of Spiritual Communion after Fr Simon breaks the bread.

Jesus, I believe that you are truly present in the Blessed Sacrament.

I love you so much and I want to receive you through communion.

Since I cannot receive you through the sacrament at Mass at this time, I ask that you come spiritually into my heart.

Never let me be separated from you.

Amen

My Notes and Reflections



Image: <https://www.google.com/url?sa=i&url=https://www.dreamstime.com/stock-photo-prayer%2Fcome-holy-spirit.html&pg=ADV&w=640&h=400&from=ad&as=1589245468340006&source=images&cd=1&ved=0CAQg&ref=1&id=10&uact=Q&AAAAA&AAAA&D>

Weekly Challenge

There are 9 fruits of the Holy Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, humility and self-control. We challenge you this week to research these fruits and what they mean. Can you share the fruits of the Holy Spirit with others?